



# SolleThrive™

ACTIVATED GREENS



When mind and body perform at peak levels, your life can transform from merely existing to flourishing. That is what SolleThrive™ is all about. With a combination of sprouted greens, adaptogens, fruits and tonic herbs, SolleThrive™ is a delicious plant sourced beverage designed to help you positively transform your physical and emotional health, enabling you to achieve a higher state of well-being.

## Ingredients:

Our **Transformational Herbal Blend** contains powerful adaptogens—**American Ginseng** Powder and Extract, **Holy Basil** Extract, and **Licorice Root** to help support thyroid activity, mood, stress, and strengthen the immune system. Tonic herbs—**Yellow Dock**, **Sarsaparilla** Powder and Extract, and **Hawthorne Berry** Extract help strengthen heartbeat, liver, colon, circulation and urinary health. **Albizia Julibrissin (Mimosa)** Bark Extract, **Ginkgo Biloba** Extract, and **Rosemary** Extract help the body with anxiety and depression, memory, and brain health. **Pau D'Arco** Powder is included for additional immune support at the cellular level.

Our **Sprouted Nutrition Blend** contains densely nutritious, bio-active sprouted **Flax**, **Chia**, **Quinoa**, and **Amaranth** which are rich in Omegas 3, 6 and 9, fiber, protein and maximum nutrients with minimal calories. **Hemp** Flour, **Alfalfa** Sprout Powder, **Watercress** Powder, **Aronia (Black Chokeberry)** Powder, and **Sodium Copper Chlorophyllin (Mulberry)** Extract contains naturally-occurring vitamins, minerals, amino acids and nutrients to help boost metabolism, brain and bone health, vision, and healthy circulation. **Lactobacillus Sporogenes** and **Bromelain** are included for digestive support and overall gut health, and the naturally sweet **Monk Fruit (Luo Han Guo)** Extract, known as the “Longevity Fruit” for its antioxidant benefits, supports healthy blood sugar and cardiovascular circulation.

## The Solle Difference

SolleThrive is a transformational, sprout-based, daily nutritional beverage unique to any other product within the Solle Naturals line or anywhere else in the nutrition industry. It is labelled “Transformational” because it is designed for daily use, and over time, significant benefits can be achieved in both mind and body daily wellness. SolleThrive is highly bio-active, as its label caption “Activated Greens” suggests, containing nutrient-dense, bio-active sprouts, further “activated” with probiotics, enzymes and adaptogenic and strategic tonic herbs and fruits.

## 5 key benefits for SolleThrive™

**Activated Greens:** naturally-occurring vitamins, minerals, amino acids and nutrients to help support cardiovascular, brain, bone health, vision, and healthy circulation

**Sprouted Nutrition:** densely nutritious, bio-active sprouts rich in Omegas 3, 6 and 9, fiber, protein and maximum nutrients with minimal calories

**Transformational Herbal Blend:** key adaptogens and tonic herbs to help support thyroid activity, mood, stress, liver and heartbeat

**Plant-Based Energy:** to help boost metabolism, healthy blood sugar and antioxidant support

**Digestive Health:** probiotics and enzymes for improved overall gut health

## Product Use

Add 1 level scoop of SolleThrive™ in 12 fl. oz. of cold water and mix until smooth. Reseal after use. Store in a cool, dry place.

## Complementary Product

SolleThrive™ may be taken combined with SolleComplete® and GoodFibrations® for a powerful weight management meal replacement.

