



# SolleFlex AC™

Therapeutic Cream



## Sore? Stiff? Irritated? SolleFlex AC's got you covered!

Let's face it, life comes at us pretty fast, and no matter how we spend our time we get our share of challenges to both body and mind. But that's OK. Really. We can handle it—especially with the right nutrition. Whether we supplement our diet or bring therapy to our body and mind through the skin, a little extra healing power can make all the difference. SolleFlex AC Therapeutic Cream combines the very best soothing, healing and rejuvenating herbs in an all-natural, odor-free, residue-free cream that more than stands up to life's challenges. So what's going on in your life right now? Soreness? Discomfort? Bruising? Injuries? Don't worry, with Solle Naturals you're covered. So when life brings the heat, turn up the AC! SolleFlex AC.

## Key Ingredients:

**Arnica** has been used to soothe muscle aches, reduce inflammation, and heal wounds. It is commonly used for injuries such as sprains and bruises.

**Calendula** contains high amounts of flavonoids, and has been used since the 12th Century, primarily as a topical application to boost the healing rate of wounds and as an antibacterial with infections.

**Aloe Vera** is used topically as a very soothing skin conditioner that also helps soothe inflammation and supports joint health.

**Witch Hazel** has more than 30 traditional uses, but its primary topical features include anti-inflammatory, antimicrobial, astringent, moisturizing, and burn treatment properties.

**Olive Leaf** is packed with natural antioxidants, has powerful antibacterial and antifungal properties to help support cuts and wounds, and is an excellent therapeutic solution for acne.

**MSM** is derived from natural sulfur and addresses several health benefits including pain relief, arthritis, sore muscles, and swelling. MSM also supports the overall health and appearance of skin.

**St. John's Wort** has been used topically to help support wounds, burns and insect bites, as well as nervous conditions such as depression, anxiety and some sleep disorders.

## Complementary Ingredients:

**Passion Flower** is used topically for burns, hemorrhoids, inflammation, and pain, and is also used as to calm the mind to help with sleep and anxiety disorders.

**Chamomile** is used for its antioxidant and anti-inflammatory properties. It is extremely soothing and beneficial for skin damaged by acne and excessive dryness.

**Comfrey** contains allantoin, which is used to increase smoothness of skin. It acts as an anti-irritant, is anti-inflammatory and is a general skin protectant.

**Tilia Cordata** (Linden Blossom) is used as a skin conditioner to help address acne, burns, freckles, rash and wrinkles.

**Safflower oil** is included because of its non-greasy texture as a moisturizer--leaving the skin soft, smooth and supple.

**Joboba** is a powerful antimicrobial and antibacterial ingredient which also helps moisturize the skin and support acne care.

**Natural Vitamin E** is an antioxidant that helps support premature aging, wrinkles, scars, brown spots, and cuticles.

## The Solle Difference

SolleFlex AC cream includes only plant-based ingredients. This unique formula absorbs easily and works quickly to provide a broad array of mind and body therapeutic benefits.

## 5 key benefits for SolleFlex AC®

**Anti-inflammatory:** many of the main ingredients in SolleFlex AC cream contain anti-inflammatory properties.

**Antimicrobial:** Calendula, Witch Hazel, Olive Leaf and Jojoba all contain beneficial antimicrobial properties.

**Pain Relief:** helps soothe muscles, arthritis, swelling and inflammation

**Skin Conditioner:** many of the ingredients help moisturize and soothe skin without leaving a greasy texture.

**Wound Healing:** helps support injuries, cuts, bruising, acne, wrinkles, brown spots, and sprains.

## Product Use

For adults and children 2 years and older, apply generously to affected and surrounding areas, repeat as needed.

## Complementary Product

SolleFlex PI capsules are the perfect companion for a complete inside-out approach in healing and maintaining flexibility for both body and mind.

